

Course Outline

PSYC3241

Psychobiology of Memory

School of Psychology

Faculty of Science

T1, 2024

Please note that all students and staff must follow relevant University policies related to COVID at all times.

Some links that should be of help in navigating these issues are listed below (note that these links are likely to be regularly updated as policies/situations change):

https://www.covid-19.unsw.edu.au/

https://www.covid-19.unsw.edu.au/information-students

https://www.student.unsw.edu.au/student-supportunsw?mc_cid=6abfed26c1&mc_eid=c9dc7010df&mc_cid=bb17b6a5c0&mc_eid=c9dc7010df

1. Staff

| Position | Name | Email | Consultation times and locations | Contact Details |
|--------------------|-----------------------------|--|----------------------------------|--------------------|
| Course Convenor | Prof. Rick Richardson | r.richardson@unsw.edu.au | By appointment, Mathews 511 | 9385 1048 |
| Lecturer | Prof. Rick Richardson | r.richardson@unsw.edu.au | By appointment, Mathews 511 | 9385 1048 |
| Lecturer | Professor Bronwyn Graham | bgraham@psy.unsw.edu.au | By appointment 1302 Mathews | 9385 3886 |
| Tutors | Tayla McCutcheon | tayla.mccutcheon@student.un sw.edu.au | By appointment | Via email |
| | Elizabeth Virakorn | e.virakorn@unsw.edu.au | | |
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2. Course information

| Units of credit: | 6 |
|-------------------------------|-----------------------|
| Pre-requisite(s): | PSYC2001 and PSYC2081 |
| Teaching times and locations: | PSYC3241 Timetable |

2.1 Course summary

This course examines research and theory on memory. The focus is primarily on animal research but the application of this work to the understanding of memory in humans will be made explicit. For example, the implications of this work for our understanding of memory disorders in humans, and the origin and treatment of clinical disorders will be discussed. The laboratory component of the course will provide "hands on" experience in observing various aspects of rodent behaviour that are frequently used in studies on the psychobiology of memory and an opportunity for small group discussion/debate on various issues relevant to the material described in the lecture component of the course.

Course aims

The overall aim of this course is for students to develop and gain further understanding of the psychobiology of memory. Behavioural experiments demonstrating the basic concepts associated with memory, and forgetting, will be described as will experiments that are aimed at determining the neural bases of memory and forgetting

2.2 Course learning outcomes (CLO)

At the successful completion of this course the student should be able to:

- 1. Demonstrate an advanced level of knowledge and understanding of the theoretical perspectives, and empirical research relating to the biological basis of behaviour, memory, and forgetting.
- 2. Understand and apply research methods used in psychobiology.
- 3. Demonstrate practical skills in laboratory-based behavioural research with rodents.
- 4. Demonstrate effective verbal and written scientific communication skills.
- 5. Apply psychological principles to broader issues involving memory, including their role in understanding human mental disorders.

| | Program Learning Outcomes | | | | | | |
|-----|--|---|--|---|---|---|---|
| CLO | 1. Knowledge | 2. Research Methods | 3. Critical Thinking Skills | 4. Values and Ethics | 5. Communication, Interpersonal and Teamwork | 6. Application | Assessment |
| 1. | Lectures, tutorials, lab practicals, online activities, formative quiz, discussion forum | Lectures, tutorials, lab practicals, online activities, formative quiz, discussion forum | Lectures, tutorials, lab practicals, online activities | | | | Formative quiz, Mid- session exam, Proposal, Final exam |
| 2. | Lectures, tutorials, lab practicals, online activities, formative quiz | Lectures, tutorials, lab practicals, online activities, formative quiz | Lectures, tutorials, lab practicals, online activities | Lectures, tutorials, lab practicals, online activities, formative quiz | | Lectures, tutorials, lab practicals, online activities, formative quiz | Formative quiz, Mid- session exam, Proposal, Final exam |
| 3. | | Lectures, tutorials, lab practicals, online activities | | Lectures, tutorials, lab practicals, online activities | | Lectures, tutorials, lab practicals, online activities | Mid-session exam, Proposal, Final exam |
| 4. | | | Lectures, tutorials, lab practicals, online activities | | Tutorials, lab practicals, discussion forum | | Proposal |
| 5. | Lectures, tutorials, lab practicals, online activities, discussion forum | | | Lectures, tutorials, lab practicals, online activities, discussion forum | | Lectures, tutorials, lab practicals, online activities, discussion forum | Mid-session exam, Proposal, Final exam |

3. Strategies and approaches to learning

3.1 Learning and teaching activities

This course provides an advanced treatment of the neuroscience of learning and memory. It follows on, and assumes knowledge, from PSYC2081 Learning and Physiological Psychology. This course is complementary to PSYC3051 Physiology Psychology in the sense that both courses provide an advanced perspective on issues in biological psychology.

The laboratory component of the course will provide opportunities for observing various aspects of rodent behaviour that are frequently used in studies on the psychobiology of memory and an opportunity for small group discussion/debate on various issues relevant to the material described in the lecture component of the course.

Attendance is recorded in the tutorial/lab component of the course. In order to meet the Course Learning Outcomes attendance at tutorials is essential in accordance with UNSW Assessment Implementation Procedure. Students are required to attend at least 80% of tutorial/lab classes, and be punctual in this attendance (i.e., coming late may mean that you will be marked as absent). **Students should ensure that their name has been marked on the class roll for each class that they attend**. Failure to meet these specified attendance requirements may result in course failure. Explanations for an occasional absence from a class or requests for permission to be absent from a class should be discussed with the lecturer/tutor, and where applicable, accompanied by a medical certificate.

The Discussion Forum on Moodle provides students with an opportunity to question and clarify course content. Students are strongly encouraged to engage with this forum by posting questions or comments, and reading, answering, or replying to other student's posts to enhance understanding of the content, critical thinking, and written communication skills.

An online formative quiz is available for students and provides an opportunity to evaluate understanding of course material prior to the census date.

3.2 Expectations of students

It is expected that students are aware of UNSW Assessment policy and understand how to apply for special consideration if they are unable to complete an assignment/exam due to illness and/or misadventure. It is also expected that students have read the School of Psychology Student Guide.

All new updates and announcements will be made on the 'Announcements' forum on the Moodle page and/or by email. It is the student's responsibility to check Moodle and their student emails regularly to keep up to date.

All students must read the Course Outline and then complete the Course Information Quiz to demonstrate their understanding of course administration information.

The final exam for this course will take place during the UNSW examinations period. Students should not arrange travel during the UNSW exam period until the date of the final exam has been released. Students who arrange travel prior to the release of the final exam date will not be granted consideration in the event they are scheduled to be away when the final exam is to occur.

Students registered with Equitable Learning Services must contact the course coordinator immediately if they intend to request any special arrangements for later in the course, or if any special

arrangements need to be made regarding access to the course material. Letters of support must be emailed to the course coordinator as soon as they are made available.

4. Course schedule and structure

Each week this course typically consists of approximately 2 hours of lecture material, 1.25 hours of tutorials, and 8 hours of online modules and/or self-determined activities (i.e., reading, work on assessments, exam preparation, and revision).

| Week | Lecture topic/s | Tutorial/lab topics | Online modules | Self-determined activities |
|----------------------|---|--|---|--|
| Week 1 12/02/2024 | Memory consolidation, modulation, and reconsolidation | "critical analysis" examples how to write a research proposal | see course Moodle page for details for any specific modules for this week | Reading(s) on: memory consolidation, modulation, and reconsolidation Revision; mid-semester exam prep; group work onresearch proposal |
| Week 2 19/02/2024 | Fear memory Hippocampal- dependent memory | animal exercise; additional "critical analysis" examples | see course Moodle page for details for any specific modules for this week | Reading(s) on: learned fear spatial/context memory Revision; mid-semester exam prep; group work onresearch proposal |
| Week 3 26/02/2024 | Development of memory Effects of early life experiences on memory | animal exercises | see course Moodle page for details for any specific modules for this week Formative quiz | Reading(s) on: memory development infantile amnesia Revision; mid-semester exam prep; group work onresearch proposal |
| Week 4 04/03/2024 | Behavioural and neural aspects of fear extinction (Parts 1 and 2) | Animal exercises | see course Moodle page for details on any specific modules for this week | Reading(s) on: • Extinction Revision; mid-semester exam prep; group work on research proposal |

| Week 5 11/03/2024 | Behavioural and neural aspects of fear extinction (Part 3) Mid-term exam | Animal exercises | see course Moodle page for details for any specific modules for this week | Reading(s) on: neural mechanisms of fear extinction Revision; mid-semester exam; group work on research proposal |
|-------------------------------------|---|--|---|--|
| Week 6 18/03/2024 | No lectures – Flex week | No labs – Flex week | | No work – Flex week |
| Week 7 25/03/2024 | Sex biases in Neuroscience Research Good Friday – no lecture | Group presentations of research proposal | see course Moodle page for details for any specific modules for this week | Reading(s) on: • sex biases in neuroscience Revision; <i>individual</i> work on research proposal |
| Week 8 01/04/2024 | Sex hormones and fear extinction Hormonal contraceptives, fear extinction, and exposure therapy | Online tutorial – do in your own time this week | see course Moodle page for details for any specific modules for this week | Reading(s) on: • sex hormones Revision; <u>individual</u> work on research proposal |
| Week 9 08/04/2024 | Sex, stress, and eyeblink conditioning Motherhood | No tutorial activities | | Reading(s) on: • Stress and motherhood Revision; <u>individual</u> work on research proposal |
| Week 10 15/04/2024 | Fear memory – transgenerational effects Individual differences in memory | Ethics debate | see course Moodle page for details for any specific modules for this week | Reading(s) on: • Individual differences Revision; <u>individual</u> work on research proposal |
| Exam period 26/04/2024 | | | | Exam preparation, revision |

5. Assessment

5.1 Assessment tasks

All assessments in this course have been designed and implemented in accordance with UNSW Assessment Policy.

| Assessment task | Length | Weight | Mark | Due date |
|---------------------------------|------------------------|----------------|------|-------------|
| Assessment 1: Formative quiz | 3 MCQ & 1 short answer | 0% (formative) | N/A | N/A |
| Assessment 2: Mid-session exam | 45 min | 20% | /100 | 15/03/2022 |
| Assessment 3: Research proposal | 1000-1250 words | 30% | /100 | 17/04/2022 |
| Assessment 4: Final exam | 2 hrs | 50% | /100 | Exam period |

Assessment 1: This **online** quiz will consist of 3 multiple-choice questions and one short-answer question, and will be released on Monday 4 March. Students can take it whenever they wish, but it is designed to provide some formative feedback in terms of whether the course material is being understood. The answers are given at the end of the quiz.

Assessment 2: This 45-min **in person** exam (could consist of multiple choice, short- and/or longanswer, and/or fill-in-the-blank questions; more specific details will be provided prior to the exam) will be given on Friday 15 March at 1-2 pm (i.e., in regularly-scheduled lecture time period, and in the scheduled lecture theatre). This exam will be based on material covered in all the lectures posted for the first 2 weeks of the course as well as the first lecture in Week 3. In addition, any readings designated as "assessable" on the course Moodle page for those lectures are also assessable. Material presented in tutorials or in designated online modules in the first 3 weeks may also be assessed. Note: this exam will be a "paper and pen" test.

Assessment 3: This involves a written research proposal on a proposed experiment (based on material/ideas covered in the course). An electronic version of the assignment must be submitted to the course's Moodle module by **4 PM on 17th April** (Wednesday of Week 10) to allow for plagiarism checks via Turnitin. Maximum length of the proposal is 1250 words (from 1st word in main text to last word in main text; that is, title page and reference list not included in the count). A 1 mark penalty will be imposed for every 50 words over the limit (specifically, being 1-50 words over will result in the loss of 1 mark, being 51-100 words over the limit will result in the loss of 2 marks, etc). Penalties will also be imposed for late submission of this assignment (see 5.3), and for plagiarism. The deadline for absolute fail (i.e., **the date of submission after which the task will not be assessed is 4:00pm on 22th April; any proposals submitted after that time will be given a 0; unless an extension has been granted, in which case the absolute fail deadline will be 5 days after the extended deadline)**.

In addition to educational adjustments to the due date made by Equitable Learning Services, students can also apply for Special Consideration and/or Short Extension (the latter being for a maximum of 48 hours). Please note that as per the University's Assessment Implementation Procedure "Students with an applicable Equitable Learning Plan (ELP) are able to decide whether their ELP or the Short Extension best serves their unique needs on a case-by-case basis for each assessment task applicable for Short Extension. The assessment deadline is extended by either the ELP or the Short Extension period but not both."

Assessment 4: This **in person** 2-hr exam (which could consist of multiple choice, short- and/or longanswer, and/or fill-in-the-blank questions; more specific details will be provided prior to the exam) will be givenduring the formal exam period. This exam will cover material from lectures given in Weeks 4-10 of the course as well as the second lecture in Week 3. In addition, the readings designated as "assessable" on the course Moodle page for those lectures is also assessable. Material presented in tutorials or in designated online modules in Weeks 4-10 may also be assessed. Note that **the material covered on the midterm exam will not be examined in the final exam**.

5.2 Assessment criteria and standards

Further details and marking criteria for each assessment will be provided to students closer to the assessment release date (see 4.1: UNSW Assessment Design Procedure).

UNSW grading system: https://student.unsw.edu.au/grades

UNSW assessment policy: https://student.unsw.edu.au/assessment

5.3 Submission of assessment tasks

Assessment 3: In accordance with UNSW Assessment Policy the research proposal must be submitted online via Turnitin. No paper or emailed copies will be accepted.

Late penalties: Deduction of marks for late submissions will be in accordance with UNSW and School policy. The School of Psychology Student Guide will be posted on Moodle. Unless an extended deadline has been granted, if the Research Proposal is submitted late, but within five days (120 hours) of the initial deadline, 5% of the maximum possible mark for that assignment will be deducted for each day (including weekend days) it is overdue. Students can submit an assessment late, incurring the late penalty, until the "overdue submission deadline". The overdue submission deadline is five days (120 hours) after the initial deadline. Therefore, the last day for Essay submissions is Monday (22 April) in Week 11 (at 4:00 PM). Any assessment submitted after the overdue submission deadline will not be marked and will result in a mark of zero for the assessment. In determining whether an assignment is overdue, the date it was submitted online via Moodle will be used. Students are expected to manage their time to meet deadlines and to request extensions via the Special Consideration process as early as possible before the deadline.

Special Consideration: Students who are unable to complete an assessment task by the assigned due date can apply for Special consideration. Applications for special consideration must be submitted to Student Central within 3 working days of the assessment due date along with a physical copy of the supporting documentation. Students who have experienced significant illness or misadventure during the assessment period may be eligible. Only circumstances deemed to be outside of the student's control are eligible for special consideration (see - https://student.unsw.edu.au/special-consideration).In the case of take-home assessment tasks, misadventure must occur for at least 3 consecutive days during the assessments, or an alternative

assessment may be set.

Alternative assessments: will be subject to approval and implemented in accordance with UNSW Assessment Implementation Procedure.

Supplementary examinations: will be made available for students with approved special consideration application and implemented in accordance with UNSW Assessment Policy.

5.4. Feedback on assessment

Feedback on all pieces of assessment in this course will be provided in accordance with UNSW Assessment Policy.

| Assessment | When | Who | Where | How |
|-------------------|-----------|------------|--------|--------|
| Formative quiz | Immediate | Richardson | Online | Moodle |
| Mid-session exam | 2 April | Richardson | Online | Moodle |
| Research proposal | 2 May | Tutor | Online | Moodle |
| Final exam | TBA | Richardson | Online | Moodle |

6. Academic integrity, referencing and plagiarism

The APA (7th edition) referencing style is to be adopted in this course. Students should consult the publication manual itself (rather than third party interpretations of it) in order to properly adhere to APA style conventions. Students do not need to purchase a copy of the manual as it is available in the library or online. This resource is used by assessment markers and should be the only resource usedby students to ensure they adopt this style appropriately:

Referencing is a way of acknowledging the sources of information that you use to research your assignments. You need to provide a reference whenever you draw on someone else's words, ideas or research. Not referencing other people's work can constitute plagiarism.

Further information about referencing styles can be located at https://student.unsw.edu.au/referencing

Academic integrity is fundamental to success at university. Academic integrity can be defined as a commitment to six fundamental values in academic pursuits: honesty, trust, fairness, respect, responsibility and courage.¹ At UNSW, this means that your work must be your own, and others' ideas should be appropriately acknowledged. If you don't follow these rules, plagiarism may be detected in your work.

Further information about academic integrity and plagiarism can be located at:

- The Current Students site https://student.unsw.edu.au/plagiarism, and
- The ELISE training site http://subjectguides.library.unsw.edu.au/elise

The *Conduct and Integrity Unit* provides further resources to assist you to understand your conduct obligations as a student: <u>https://student.unsw.edu.au/conduct</u>.

¹ International Center for Academic Integrity, 'The Fundamental Values of Academic Integrity', T. Fishman (ed), Clemson University, 2013.

7. Readings and resources

| Textbook | Nil |
|----------------------------|---|
| Course information | Available on Moodle |
| Required readings | School of Psychology Student Guide. |
| | Refer to Section 4 of this outline and the Assessable Readings listed under each week on Moodle |
| Recommended internet sites | UNSW Library |
| | UNSW Learning Centre |
| | ELISE |
| | Turnitin |
| | Student Code of Conduct |
| | Policy concerning academic honesty |
| | Email policy |
| | UNSW Anti-racism policy statement |
| | UNSW Equity and Diversity policy statement |
| | UNSW Equal opportunity in education policy statement |

8. Administrative matters

The <u>School of Psychology Student Guide</u> contains School policies and procedures relevant for all students enrolled in undergraduate or Masters psychology courses, such as:

- Attendance requirements
- Assignment submissions and returns
- Assessments
- Special consideration
- Student code of conduct
- Student complaints and grievances
- Equitable Learning Services
- Health and safety

It is expected that students familiarise themselves with the information contained in this guide.

9. Additional support for students

- The Current Students Gateway: https://student.unsw.edu.au/
- Academic Skills and Support: https://student.unsw.edu.au/academic-skills
- Student Wellbeing, Health and Safety: <u>https://student.unsw.edu.au/wellbeing</u>
- Equitable Learning Services: <u>https://student.unsw.edu.au/els</u>
- UNSW IT Service Centre: <u>https://www.it.unsw.edu.au/students/index.html</u>